

# Athletic Handbook

2010-2011



# Code of Ethics for CYO Athletics

## CYO Preamble

Athletics can be a channel in which we can minister to the youth of the Church today. Although the emphasis in sports in America today stresses winning above all else, the CYO as its philosophy, has the responsibility to keep competition in perspective and direct CYO athletic programs toward the Christian formation of all its participants. One cannot have competition without a desire to win; however, under CYO auspices, participation in a team activity must have as its objective the physical, social, psychological, and spiritual development of the individual players and coaches and an awareness of one's worth to the total team experience.

## Athletics at St. Bridget Catholic School

St. Bridget has a rich heritage of excellence in academics *and* athletics. That excellence transcends the student's personal development having an impact on the entire school community.

The goal of St. Bridget athletics program is to develop student athletes who model good sportsmanship and practice Christian values. The athletics program endeavors to provide a safe, competitive, and enjoyable sports program that enhances the physical, emotional, social, educational, and spiritual well being of all students. St. Bridget teams have the reputation to achieve a highly competitive level of play, and demonstrate the expectations to abide by a defined code of ethics established for both players and coaches. Students are taught to operate on the ideals of sportsmanship, integrity, ethical behavior, and good citizenship.

Participation in St. Bridget's sports program provides students with the opportunity to:

- Learn how to function as part of a team.
- Learn to embody and practice good sportsmanship.
- Experience the special relationships that occurs between teammates, bonding them together and making them a team.
- Grow in self-esteem.
- Provide a healthy opportunity to compete and have fun.

Students are eligible to participate in all areas of the sports program beginning in fifth grade. Unlike many other schools, everyone is invited to compete and play. St. Bridget students compete with other teams through membership in the Northwest Indiana CYO.

## Specific Sports Programs:

**FALL SPORTS** Grades 5-8  
Cross Country (Co-ed), Girls Volleyball, Boys/Girls Soccer

**WINTER SPORTS** Grades 5-8  
Boys Basketball, Girls Basketball, Boys Volleyball

**SPRING SPORTS** Grades 5-8  
Track (Co-ed)

**SUMMER SPORTS** Grades 5-8  
Cross Country (Co-ed)

# St. Bridget School Athletic Advisory Committee

The School Athletic Advisory Committee, comprised of members appointed by the Principal, meets monthly. The purpose of these monthly meetings is to engage the athletic program in the school community and strengthen the athletic program for the students of St. Bridget School.

The School Athletic Advisory Committee sponsors the athletic competitions and the annual Athletic Banquet, just to name a few! The SAAC members encourage parents to volunteer to assist in making our athletic programs stronger!

## Membership 2010-2011:

Rev. Dominic Bertino, Pastor  
Mr. Douglas Pearson, Principal  
Donald Parlock, Athletic Director  
Joseph Arias, Assistant Athletic Director  
Terry Jackowski, Concessions Manager  
Deron Replin  
Mike Uhles

## St. Bridget School Athletic Policy

1. A yearly fee of \$70.00 per student is assessed for participation in the athletic program. No student may participate in any sport or practice until this amount has been paid. The Track, Cross Country or Cheerleading fee is \$20.00 if the \$70.00 fee has not already been paid.
2. Parents will be asked to participate in and support all activities sponsored to benefit athletics if the sports program is to remain successful. The parents of each family will be scheduled to serve three (3) hours per child per sport in which the student participates. Assignment of family responsibility will be determined by the Athletic Director and respective coach and explained at the beginning of each sports season to parents. Parents are expected to honor this commitment. *(does not include track and cross country)*
3. Student athletes are to conduct themselves in proper manner befitting a student of St. Bridget. This includes a neat appearance at all games. The coach may elect for team members to dress appropriately on game day, ie., collared shirts on game day.
4. Students are expected to participate at Mass and other Religious obligations to be eligible for sports. This will be monitored.
5. Any team member or cheerleader will be suspended for a given time from any participation in games, tournaments, etc. who have manifested serious misbehavior, destruction of property, or serious disobedience of any supervisor or other person in authority over them at games, tournaments, etc. The pastor and principal shall make the final decision after meeting with the student involved and his or her parents.
6. Students may be suspended from play and practice according to the academic criteria of eligibility determined by the school.

7. Any student suspended from sports shall not participate in any CYO or SBS sponsored games in *any form. Students who are suspended must attend and observe all practices and games to maintain team eligibility and membership.*
8. It is the Athletic Director's responsibility to inform all concerned coaches of individual student suspensions on the day he or she receives them.
9. Suspensions take effect at 3:00 p.m. on the day they are issued to students. Students going off of suspension will be subject to the coach's discretion as to whether they will be permitted to play in a game before one practice has taken place.
10. A child missing a complete day of school shall not participate in any sport practice or game that day. A child leaving school for a doctor's appointment, dental work, funeral, etc. will not be thus restricted. Weekend games are not affected.
11. All St. Bridget athletic directors, coaches, assistant coaches, students, and parents shall adhere to CYO and St. Bridget School rules and policies at all times.
12. Problems or complaints regarding the program shall be submitted to the Athletic Director for further disposition. Decisions will be based on school policy and CYO policy. If nothing has been predetermined regarding a specific problem, the athletic director shall meet with the principal and pastor in order to reach a joint decision.
13. Participation in a sport means more than playing the game. Practices are an essential part of each sport. A player who repeatedly misses practices and games not only hurts himself, but also hurts his team. Coaches are, therefore, encouraged to set up team rules for their players at the start of each season. Unexcused absences will be handled at the discretion of the coach and may result in that player being benched for an indefinite period.
14. At the completion of a sport season, parents will be notified by the Athletic Director as to the date uniforms are to be returned to school. For each day the uniforms are past deadline, a fee of \$1.00 will be levied. The uniforms must be washed before being returned and in satisfactory condition. If the uniforms are returned or are returned in unusable condition the athletes family will be billed for the cost of that uniform. That cost or late fees will be added to the last tuition payment of the school year if not paid sooner.

## ***ATHLETIC DIRECTOR***

### ***Qualifications for the Athletic Director***

1. Parishioner in good standing of St. Bridget School and Church.
2. Over 21 years of age and of good moral character.
3. Ideally the AD should not have current coaching responsibilities.
4. Compliant with VIRTUS certification.

### ***Responsibilities for the Athletic Director***

- Oversee the recruitment of SBS and CCD students in 5th through 8th grades for all sports in collaboration with the school Principal at the appropriate time.

- Sign-ups are as follows:
  - Girls volleyball - May (for the following year)
  - Soccer - May (for the following year)
  - Cross-country - May (for the following year)
  - Boy's basketball - September
  - Cheerleading - September
  - Girls basketball - October
  - Boys volleyball - January
  - Track - March

*If a roster falls short of the number of required team-members, then the teams can be combined to form a larger team. When this is done the new team will play at the "higher" grade level. St. Bridget parish children take precedence for teams prior to adding a child from another school, church, or parish.*

- Develop programs (summer) for younger SBS and CCD students where possible.
- Recruit coaches and assistant coaches for all teams, using parents and identified CYO coaching prospects.

*Parents take preference over other selections for coaches. Long-standing non-parent coaches can be an assistant to parent coaches, but it should be a collaborative decision agreed to by all. Coaching positions are reserved for the parents of the students playing on one team only. Final determinations are made collaboratively between the Principal and AD.*

*If a "grade" is missing a coach then the AD must actively look for a coach for that team. This is best done when calling the parents to see if their child is going to play the sport. Parents need to be informed that without a coach, even with a full roster of children, there will be no team.*

- Report to CYO head office in Merrillville to pick up coaching packets, deposit slips, etc.
- Meet with all coaches, shortly after the CYO meeting, to set gym schedules and pass out coaching packets, and other materials.
- To act as liaison between principal, pastor, parents, and coaches.
- To inform coaches of school athletic policies and make certain that said policies are being followed.
- To provide coaches with practice, game, and tourney schedules and other necessary forms
- To insure that the coaches complete all necessary forms and submit them to the CYO.
  - All coaches and assistant coaches forms must be submitted to the principal and pastor for review and approval signatures.
  - A copy must be submitted and retained in the school office of all forms.
- The Athletic Director's decisions should be based on CYO & SBS Athletic policies. Issues or concerns not covered in either policy will involve a collaborative decision between the Athletic Director and the St. Bridget Principal.
- The Athletic Director will:
  - arrange practice schedules for all teams & open the gym for practices, when necessary.

*The bidding process to set the gym schedule for all indoor sports is as follows: 5th grade first (they are the youngest and need to set their schedule first to make sure that they are not kept out too late), 6th grade second, 7th grade third, 8<sup>th</sup> grade last (they are the most mature and can therefore stay up later)*

- arrange practice games, games, and tournaments for all teams.

*The AD must check with the rectory before scheduling events to ensure that the gym is open. Market Day, CYO band, and various Parish events take precedence over sports.*

*Cheerleading is considered a sport by the CYO and SBS Athletic Policy. They may share gym time with another sport, usually with the team they are cheering for, or hold a separate practice on a day when other teams are not scheduled; They can also split gym time with another sport, but this must be agreed to by the other coaches (due to the fact that the cheerleaders cheer almost exclusively for the boy's basketball team).*

- Arrange for administrative coverage of all games IF the AD will not be present and insure that:
  - Lights are turned on before and after the games are completed
  - Doors are open and locked before and after the games are completed
  - Air conditioning/heating/ventilation are returned to proper settings.
- distribute game schedules to coaches.
- submit copies of all schedules to the school office for file.
- be responsible for sports equipment by:
  - Keeping an accurate inventory of all equipment and uniforms.
  - Distributing equipment to all coaches.
  - Recording all equipment each coach receives.
  - Making certain that all equipment and uniforms are returned at the end of each sport season.
- submit a written budget proposal to the Principal at the end of each school year, with the help of the Athletic Assistant and Concessions Manager.
- purchase all equipment after consulting the Principal and filing Purchase Orders to the Parish Treasurer, with the help of Athletic Director and Assistant Athletic Director.
- arrange for games, tournaments, and practice games in our gym by:
  - Obtaining approval from the principal and Parish Center Director.
  - Book the gym and facilities.
  - Contract outside schools to participate.
  - Hire referees, arrange for timekeepers, scorekeepers, and other necessary personnel.
  - Keep accurate account of eligibility, participation, and reception awards.
- will work with the Maintenance Director/Personnel & Principal to insure that:
  - the gym lights are in good working order and maintained at all times.
  - the gym floor is in good working condition, and maintained at all times.
- be subject to approval of the pastor and principal in their performance. The Athletic Director is subject to the oversight of the Principal and the Athletic Advisory Committee.

## ***Assistant Athletic Director***

In order to carry out the above responsibilities, the Athletic Director may choose an ***Assistant ATHLETIC DIRECTOR***. The ***Assistant ATHLETIC DIRECTOR*** position is subject to approval of the pastor and principal. The Assistant Athletic Director is subject to the oversight of the Athletic Director, Principal and the Athletic Advisory Committee.

## ***Responsibilities for the Assistant Athletic Director***

- It is the job of the Assistant Athletic Director along with the coaches, cheerleading coach, and sponsors to assist with any fundraising with the approval of the Athletic Director, principal, and pastor.
- Help prepare any financial reports to be presented to the Athletic Advisory Committee, pastor and or principal.
- To administer the boys or the girls program depending on the gender the Athletic Supervisor oversees
- Assist the AD with any responsibilities necessary for the athletic programs to function.
- Should be well versed in all CYO and St. Bridget athletic policies.

# **COACHES and ASSISTANT COACHES**

The success of the CYO sports program lies with the volunteer coaches, who through their leadership, guidance, and example, profoundly influence our impressionable youth. Bishop Grutka emphasized this in a letter to the CYO basketball coaches in March of 1975 when he wrote,

*"In the arena of sports, youth are sensitively and alertly receptive to the demonstrations of excellence and motivations leading to excellence. By your (CYO coaches) Christian example and expert guidance, you are more than just a coach you exercise the royal priesthood of the laity."*

The thrust of the CYO program then, is the formation of truly Christian characters, whether they are Catholic or of other Christian backgrounds, within the framework of wholesome activity .

1. All coaches are to abide in full by the athletic policy of St. Bridget School. They will adhere to the principles of the "Play Like a Champion" program promoted by the CYO.
2. The coaching staff can consist of three (3) people; any combination of head coach, assistant coach, or coach's aide. The head coach must be an active member of St. Bridget Parish and of good moral character. Anyone on the coaching staff under 21 years of age must have their parent sign a release of liability.
3. No practice will be held without adult supervision. Coach's aides are not considered adult supervision. Players are not to be more than 15 minutes early for their practice sessions. They are not permitted inside the gym building without an adult present.
4. Head coaches will be responsible for the behavior and discipline of team members, making certain that players understand them and realize that they will be enforced.
5. At the beginning of each season, coaches should go over the sports policies with their team members making certain that players understand them and realize that they will be enforced.
6. Before any student is allowed to participate in practice or games, a physical and CYO registration card must be completed.
7. Equipment and CYO forms will be made available by the Athletic Director. Requests for equipment should be turned in to the Athletic Director.
8. Coaches are responsible for the care of their equipment and the return of their equipment to the Athletic Director at the end of each season. Noncompliance with this directive will be grounds for not accepting a coach back on the St. Bridget coaching staff.
9. Problems or complaints should be directed to the coach first, the Athletic Director second, and in writing, to the Principal third. Unresolved issues can be brought to the Athletic Advisory Committee's attention as a last resort.
10. Coaches are not allowed to bring up (move up) individual players unless they have the approval of the Athletic Director and the School Principal. The student and his or her parents must also give permission.
11. CYO mandatory playing rules will apply to all league or scrimmage games involving St. Bridget players, regardless of whether the game is a CYO or one played outside CYO.
12. ***The coach is responsible for releasing players to their parents at the end of practice or games.***

# Coaching Application Procedures

Coaching applications will be available from the Athletic Director and the St. Bridget School office. The following rules will be enforced:

- All completed coaching applications will be turned into the Athletic Director.
- Each coach must be VIRTUS compliant and endeavor to complete the CYO “Play Like a Champion” program.
- When all applications are collected, the athletic director will submit them to the school principal.
- The School Principal and the Pastor are responsible for the final selection of coaches. Under the above rules, the following guidelines will be enforced:
  - CYO coaching applications must be filled out each year. School applications must be completed when needed.
- Coaches will be re-evaluated and possibly re-assessed every year.
  - Coaches may put in an application for any grade level they wish. They will be considered for that grade level.
  - Coaches will be notified once they are selected.

## ***Responsibilities for Coaches and Assistant Coaches***

- All coaches, and the AD, should attend their associated CYO sports meeting. These meetings take place throughout the year, one for fall sports, one for winter sports, and one for spring sports, and are conducted approximately 6 weeks before the start of that sports season.
- Each coach is to notify the parents of the children on their rosters to verify that the child wants to or is allowed to join.
- The coach is responsible to oversee all equipment is returned to its proper place and report damaged or broken equipment to the AD.

## ***Cheerleading Coach***

1. A head Cheerleading Coach will be chosen upon application by the Athletic Director with the final approval by the principal and the pastor.
2. The coach must be at all practices and games.
3. Each grade will have 2 sponsors chosen by application by the Cheerleading Coach, Athletic Director, and principal.
4. ***The coach is responsible for releasing players to their parents at the end of practice or games.***

## ***Responsibilities of the Concession Coordinator***

- Maintain an inventory and account for all expenses
- Complete a monthly financial report to the SBS Principal, HSA, Athletic Director, and Parish Secretary
- Complete a schedule for coaches for family responsibilities outlined on page 9

# ***Parents of all SBS Athletes***

## ***Responsibilities for Parents of SBS Athletes***

Parents are urged to attend athletic events, as this is yet another way to assist our children in building self-esteem. Parents are needed to assist with supervision and demonstrate to our young people proper sportsmanship while watching the competition. Parents are not to "drop off" students without providing appropriate supervision. Parents will be responsible for returning uniforms washed and in an acceptable condition. If those conditions are not met, the family will be assessed the market cost of that uniform which will be added to the last tuition payment. They also have maintenance responsibilities outlined below.

Parents will be informed of management and custodial responsibilities during each season that will be overseen by the coaches and AD.

**The parents of each family will be scheduled to serve three (3) hours per child per sport in which the student participates.** Hours served for this responsibility can also be counted to the 20 HSA/SBS service hour requirements for each family (HSA/SBS service hours do not count towards the 3 athletic service hours). Assignment of family responsibility will be determined by the Athletic Director and respective coach and explained at the beginning of each sports season to parents. Parents are expected to honor this commitment. *(does not include track and cross country)*

Parents must be responsible for these tasks:

- **Concession:** be responsible for staffing the concession stand, concession stand cleanup, and other chores
- **Gymnasium** Ensure that the gym floor is cleaned, swept, and mopped if necessary after games.
- **Bleachers:** Ensure that the bleachers are cleaned, swept, and mopped if necessary after games.
- **Bathrooms:** Be responsible for the upkeep of the bathrooms during all games. Must ensure that the bathrooms are cleaned and stocked after each game
- **50/50 raffles / tip boards:** Be responsible for running 50-50 game raffles & tip boards.

## **Responsible adult parents will:**

- Parents are expected to see that the students comply with all the requirements stated in this manual.
- Parents are expected to be on time in picking up students after practice and games. Students MAY NOT be left outside or inside waiting for unreasonable lengths of time.
- Remember, the people involved in working with your child are volunteers; they should be treated with appreciation and respect.
- Parents are expected to model good sportsmanship during the games. Any display of unsportsmanlike behavior is not representative of St. Bridget values.
- Ensure uniforms are clean and in good condition. Repair and clean as necessary.
- Parents of players who have a question concerning any facet of the St. Bridget Athletic Program is to:
  - Speak with the Coach 1st.
  - Speak with the Athletic Director 2<sup>nd</sup>
  - Speak with the Principal 3rd
  - Speak with the Athletic Advisory Committee 4th

Please note

- ✓ the Athletic inserts found at the end of this Athletic Handbook. The signature of the PARENT/GUARDIAN ACKNOWLEDGEMENT ST. BRIDGET CATHOLIC SCHOOL ATHLETIC HANDBOOK FORM found in this edition of the St. Bridget School Athletic Handbook is assurance that you have read and will comply with all points.
- ✓ the Principal or Pastor of St. Bridget School may, at their discretion, remove a student athlete from a team, or modify his/her participation.
- ✓ Practices are for student athletes ONLY. Parents are welcomed and encouraged to watch the practice, but they are expected to supervise siblings and keep them seated in the bleachers!
- ✓ Parents are expected to be on time to pick-up children and take them under their supervision at the end of games and practices. It is discourteous to the coach, who has already donated his time, to keep him waiting for parents who are late!

## Fundraising

It is the job of the Assistant Athletic Director along with the coaches, cheerleading coach, and sponsors to do any fundraising, with the approval of the Athletic Director, principal, and pastor. Financial reports should be presented to the pastor and principal.

## Student Athletic Eligibility Requirements

Students must have a complete physical examination and a written statement from a physician stating they are physically able to participate in St. Bridget's Athletic Program. Students may not practice, scrimmage, or participate in any games without a physical on file with the school's athletic department. The physical must be given to the player's coach prior to the first practice.

## Registration:

Parents must register their children for any sports, pay program fees, turn in physicals, and submit any other pertinent forms prior to the season of play. This can be accomplished during the school's Fee Payment Days held the week prior to the first day of school in the fall.

Parents needing more information about St. Bridget's Athletic Program should consult the Athletics Handbook or contact the school's Athletic Director or team Coaches.

All sports included in the St. Bridget sports program are subject to the following SBS eligibility requirements:

1. Students will be evaluated every 4-1/2 weeks at the time of the issuance of the progress report or the mid-quarter progress report to determine eligibility for sports.
2. To maintain eligibility an athlete can have no more than one D in any academic area and have no Fs. He can also have no grade lower than a C in Conduct. Failure to meet this qualification results in immediate suspension from participation in any game OR practice.
3. The athlete on suspension can be reinstated after one week if he demonstrates improvement in those areas that made him ineligible *for one week*. If after one week the student shows no improvement, a suspension will be issued for the remainder of that grading term. If the athlete does

not continue to show improvement over the original grade at any time during that grading period, he is ineligible until the next grading period.

4. Suspensions begin at 3:00 p.m. on the day that progress report and/or report card is given out.

5. After the 4-1/2 weeks suspension, the athlete will be re-evaluated based on those grades for that period.

## Student Attendance

Regular attendance and punctuality are essential to ensure an effective learning environment and enable students to fully participate in the ongoing educational process. Moreover, punctuality forms life habits for work and family, which will benefit the student.

If a student is absent from school for any part of the day due to illness, he/she is not permitted to practice, compete, perform, or attend any athletic contest, or school sponsored activity that day.

## SPECIAL STUDENTS:

Special consideration will be given to those students who are unable to meet the basic eligibility requirements and yet still wish to participate in sports. The child's teacher, in collaboration with AD and principal, will make decisions on an individual basis by the first progress report or the first academic quarter. Once decided upon, this special consideration will be extended to the student for each quarter. Re-evaluation on the special status will be conducted quarterly.

## Eligibility of Students in the Religious Education Program

In order for public school students who are registered parishioners of St. Bridget Parish to participate in the school's sports program, they must meet the following requirements:

1. Regular attendance (missing no more than 3 RE classes in a year without a medical excuse) during the year previous to participation and during all subsequent years while participation in the sports program continues.
2. Present a signed permission form from the religious education teacher to the coach or AD; a copy of which will be given to the school and one to the child's coach.
3. To maintain eligibility an RE athlete can have no more than one D in any academic area and have no Fs. He can also have no grade lower than a C in Conduct. Failure to meet this qualification results in immediate suspension for participation in any game OR practice.

## Adult/Child Code of Conduct Guidelines

Adult evaluation is important and carries a great deal of significance with young people. The attitude shown at games by adults and children towards other children, the opposing teams, the officials, the coaches and their own players, influences a child's values and behavior immeasurably. Criticism and disrespect for players, officials, and opponents by over-anxious adults, over-protective parents or disrespectful children, more concerned with immediate success than long-term benefits, undermine the purpose of the Catholic Youth Organization program.

This additionally brings into the game stresses beyond those of normal competition. When young people cannot effectively cope with such stresses, it contributes to behavior not in keeping with the accepted ethical standards of the Catholic Youth Organization. Adults and children should remember the following:

- ✓ Children have more need of 'example' than 'criticism';

- ✓ Athletic participation for a child and others should be a positive experience;
- ✓ An attempt should be made to relieve the pressure of competition, not increase it;
- ✓ Children are easily affected by outside influences, especially adults or other children acting in an un-Christianlike fashion;
- ✓ Coaches are volunteers, giving of their personal time and, in many cases money, to provide a recreational activity for children;
- ✓ Coaches and officials provide a valuable service to the CYO program and the community with little reward for their dedication;
- ✓ Without opponents or opposing teams, a child could not participate in competition;
- ✓ Treating others with disrespect reflects on you, your family, and your school;
- ✓ Applauding good plays by both teams shows you are there 'for the kids and the fun of competition', not your own self-gratification;
- ✓ Not questioning the judgment of a game official, whether you feel the official was right or wrong, is a symbol of fair play, integrity, and sportsmanship;
- ✓ Graciously accepting the results of each play, and each game, shows true sportsmanship;
- ✓ No one, in the possession of, or under the influence of, any drug and/or alcoholic beverage is allowed to participate in or attend any CYO games, practices, or functions.

Any incident that is witnessed and reported to the Executive Director or any of his/her representatives of disregard for any part of this form will be cause for the offender to be dealt with as per the Unsportsmanlike Policy found in the CYO General Guidelines.

## Fan Control and Behavior

The CYO has had to put a strong emphasis on player, coach, and fan control and behavior. Our efforts have been applauded by the vast majority of you and we have seen great success and much improvement overall at most CYO functions. This has helped to give our student athletes a safe and organized way to learn and play.

However, 'fan behavior' remains a critical concern. All too often, fans are using abusive language, inappropriate gestures, and threats towards players, coaches, officials, and other fans. Some fans are also approaching the court/field, team areas, and locker rooms to confront participants in places that used to be 'off limits'.

In an effort to eliminate this problem, we, the BOARD OF DIRECTORS OF THE CYO, do hereby issue the following policies for all activities sponsored by the CYO:

- Any fan that is asked to leave or has to be escorted out of a CYO event will be told not to return for the rest of the season.
- If the police have to be called to remove a fan, that fan will be banned from all CYO activities and could cause the team of that fan to forfeit the season.

## Unsportsmanlike Conduct Guidelines

Any unsportsmanlike conduct by a spectator will be reported in writing to the CYO office within a reasonable amount of time from the date of the incident. The Athletic Director, Field/Gym Supervisor and/or official of a game shall file a written "Unsportsmanlike Conduct" report immediately following the game for any unsportsmanlike technical or conduct shown by a coach, assistant coach, scorekeeper, or player.

The Executive Director of the CYO will review any report, make a decision regarding consequences stemming from the report, then contact the parties involved, and inform them of his decision. His decision will be based on the following guidelines:

## ***A Coach, Assistant Coach, Scorekeeper, Player, or Spectator SHALL NOT:***

- ✓ Disrespectfully address, bait, or contact an official, or gesture in such a manner as to indicate resentment;
- ✓ Incite undesirable crowd reactions;
- ✓ Use profane or inappropriate language or obscene gestures;
- ✓ Object to an official's decision by rising from the bench or using gestures;
- ✓ Show disgust with an official's decision(s) in any manner;
- ✓ Display any other un-christianlike behavior before, during, or after a game or function.

## **Technical Fouls**

*Suspension Determinants for any Coach, Assistant Coach, Scorekeeper, or Player at any CYO Sporting event*

***1st infraction/technical*** (coach, assistant coach, scorekeeper or player): The offender is required to remain on the bench during the rest of the game. This will result in a two game suspension. If the infraction(s) occur(s) during the last game of regular season play, the penalty shall apply to tournament play; if the infraction(s) occur(s) during tournament play, the penalty shall apply in the next sports season.

***2nd infraction/technical*** (coach, assistant coach, scorekeeper, or player): Whether the 2nd infraction/technical is in the same game or over two different game periods, it will result in a permanent suspension for the year. If the infraction occurs during the last game of regular season play, the penalty shall apply to tournament play; if the infraction occurs during tournament play, the penalty shall apply in the next sports season. The Executive Director may, at his discretion, ban from any further or future participation in CYO activities anyone he deems not in keeping with the CYO Code of Ethics.

## **CYO Team Prayer**

*Lord God, we thank you for bringing us together today and ask that you watch over and guide us. Help these athletes use their talents to the fullest and remain injury-free.*

*Help us coaches to teach these young athletes not only about the game, but more importantly, about being good Christians.*

*Help the game officials do their best to enforce the rules and remain fair at all times.*

*And help the spectators to be considerate of all players, coaches, officials, and each other.*

*Thank you for giving all of us the opportunity to put our faith into action today and may we all be the kind of person you would have us to be.*

AMEN



# 2010 - 2011

## PARENT/GUARDIAN ACKNOWLEDGEMENT ST. BRIDGET CATHOLIC SCHOOL ATHLETIC HANDBOOK FORM

**Please fill in and return to the school office ASAP. Thank you!**

Indiana State Law requires that we ask you to acknowledge in writing that you have reviewed a copy of the Athletic Handbook which contains athletic/student discipline policies. Failure to sign this form will stop the registration process and/or participation with the team. Ignorance of the policies put forth in this handbook does not affect the student athlete's responsibility to act in accordance with said policies in the book.

Please complete the form and return it to school either through your son/daughter or you may mail/fax it to the school. Your cooperation is greatly appreciated.

I/We, \_\_\_\_\_, have received and reviewed a copy of the 2010-2011 St. Bridget Catholic School Athletic Handbook which contains CYO and SBS policies and procedures. I/We have read it and discussed it with our son(s)/daughter(s) and will abide by the policies.

The principal retains the right to amend the handbook for just cause and parents will be given prompt notification if changes are made.

\_\_\_\_\_  
**Father's Signature**

\_\_\_\_\_  
Date

\_\_\_\_\_  
**Mother's Signature**

\_\_\_\_\_  
Date

\_\_\_\_\_  
**Student Athlete's Printed Name**

Grade \_\_\_\_\_

\_\_\_\_\_  
**Student Athlete's Printed Name**

Grade \_\_\_\_\_

\_\_\_\_\_  
**Student Athlete's Printed Name**

Grade \_\_\_\_\_

\_\_\_\_\_  
**Student Athlete's Printed Name**

Grade \_\_\_\_\_